

If you are running with a Pace Team, look for your leader in your start corral. Leaders will wear "ING Runner's Nation Pace Team Powered by Timex Leader" shirts and carry signs indicating their pace time.

There are multiple corral options for each pace time. See chart below for the Pace Team assignment closest to you. Please note that your bib assignment may be in a different corral and wave start from your Pace Team leader. You may change corrals to join your desired Pace Team by going to a corral with a bib number **higher** than your own.

Wave Start 1 9:40 a.m.	
Pace Time	Start Village & Corral
3:15	9-000 - 9-999
	12-000 - 12-999
3:30	16-000 - 16-999
	19-000 - 19-999
3:40	21-000 - 21-999

Wave Start 2 10:10 a.m.	
Pace Time	Start Village & Corral
3:30	22-000 - 22,999
	25,000 - 25,999
3:40	29-000 - 29-999
	28-000 - 28-999
3:50	30-000 - 30-999
	35-000 - 35-999
	39-000 - 39-999
4:00	35-000 - 35-999
	37-000 - 37-999
	40-000 - 40,999

Wave Start 3 10:40 a.m.	
Pace Time	Start Village & Corral
4:00	44-000 - 44-999
	43-000 - 43-999
4:10	47-000 - 47-999
	49-000 - 49-999
4:20	54-000 - 54-999
	50-000 - 50-999
4:30	54-000 - 54-999
	58-000 - 58-999
4:40	57-000 - 57-999
	60-000 - 60-999
4:50	58-000 - 58-999
	62-000 - 62-999
5:00	59-000 - 59-999
	62-000 - 62-999
5:15	63-000 - 63-999
	65-000 - 65-999
5:30	64-000 - 64-999
	65-000 - 65-999